

Head coach Jack Tiller is offering...

Term 2 and 3 Winter Coaching for Redcliffs and Mt Pleasant Tennis Clubs...

For Juniors Jack and his team will be offering...

Hotshots: (Ages 4-10) Wednesday 3:15pm - 4:00pm

This is a great introduction to tennis. It gives students the chance to learn key aspects of tennis and integrates lots of hand eye coordination whilst having a fun and engaging experience. It also prepares players for future interclub. These sessions run for 45 minutes
Cost: Members \$100 /Non Members \$120 for 8 weeks per term.

Learner Squads: Monday 3:30 - 4:30pm and/or Tuesday 3:30 - 4:30pm

Learner squad is great for players who wish to start playing interclub this season or have played a season already. The squad is great for learning skills needed for interclub including serving, returning, forehands and backhands in a fun and encouraging session. Cost:
Members \$120/Non Members \$140 for 8 weeks per term.

Performance Squads: Monday 4:30pm - 5:30pm and/or Tuesday 4:30pm - 5:30pm

This is for confident players who are already playing interclub and players who are looking to or already playing Canterbury tournaments. The performance squad focuses on technique, match play, mental strength and fitness. Cost: Members \$120/Non Members \$140 for 8 weeks per term.

The junior winter tennis program is a great chance for players to get some beneficial tennis practise in over the off season. Winter is a great time to change anything technically as players now have the time to work on more specific areas of their game and have more time to improve at a quicker rate and gain some great results.

All sessions will start the week of Monday 29th April at Redcliffs Tennis Club and run for 8 weeks. Sessions will be run regardless of the weather. We will go in the hall if wet.

Payment would be appreciated before the first week of coaching commences. Either cash or into the account: 12-3149-0250300-53. Please use your last name as a reference.

To book please call or email Jack at: 02102687322 or jacktiller16@gmail.com